

For those with ASD, 10-minutes of exercise enhances self-regulation on through 60-minutes*

Autism Exercise SPECIALIST CERTIFICATE



Physical activity in therapy sessions & classrooms extend beyond the health-related benefits. Here are some of the advantages for students & professionals:

- Language Expansion
- Enhance Focus and Concentration
- Promote Inclusion
- Multisensory Learning
- Team Building and Social Skills
- Improved Academic Performance



Who Qualifies?

All Sped. Staff
&
Allied Health Professionals



Step 1: Online Modules

Complete five webinars & read
two research studies
~6-hours to complete (self-paced)



Step 2: In-Person Workshop

Group & individual program design
Exercises promote inclusion &
benefit all students

Scan For
More Details

\$504/participant

Limited to 50 participants



Dates: Tuesday, February 6, 2024

Time: 8:30 am – 4:00 pm CST

Location: 2888 Brightside Dr.
Baton Rouge, LA 70820

Louisiana
AEM
Accessible Educational Materials

THE HIGHEST STANDARDS **IN BOTH SCIENCE AND PRACTICE**

*Medicine & Science in Sports & Exercise Journal (2017) "The Effects of Exercise Dose on Stereotypical Behavior in Children with Autism"